



# Daily Word

A UNITY PUBLICATION  
SEPTEMBER 1956

# *Pray with Silent Unity*

**PEACE** . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

**PRAYER FOR WORLD LEADERS:** Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

•

**PRAYER FOR ILLUMINATION** (11 a.m.): Through the Spirit of truth within me, I know, see, hear, and speak only Truth.

•

**PRAYER FOR PROSPERITY** (12 noon): The Spirit of truth quickens and increases my innate spiritual riches, and abundance appears in all my affairs.

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**PRAYER FOR HEALING** (9 p.m.): I am strengthened and healed by the power of the Spirit in the inner man.

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# DAILY WORD

Edited under the inspiration of Silent Unity

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## *The Teacher*

J. SIG PAULSON

**H**OW close are we to God? The Spirit of God lives within us! The Spirit of God, the Creator, whose power knit the atoms and set the stars swinging in their orbits; the Spirit of God whose life courses through every living thing and fills every spot of this world; the Spirit of God whose love holds the universe together and heals the hurts of all, the Spirit of God whose wisdom shaped the rose and designed the human heart—this is the Spirit that dwells in you and in me!

Can we plumb the depths of the Spirit of God within us? Can we know and understand the closeness, the oneness of our relationship with God? Is there a teacher who can teach us, who can show us, who can guide us?

There is such a teacher—a teacher who knows the mysteries, the powers, the glories, the depths of the Spirit within us. There is a teacher who can show us how to understand and use the resources of courage, strength, will, imagination, thought, prayer, wisdom, faith, love, and life that are within the depths of our being. There is a teacher who can show us how to bring into expression the powers within us—a teacher who can

show us how to live successfully, how to love deeply, how to give freely, how to forgive completely, how to heal our bodies, how to prosper our affairs, how to establish peace and happiness in our lives. There is a teacher who can reveal the answer to every problem that perplexes us.

This teacher is the teaching Spirit of God in our own minds and hearts. God, who has given us the powers by which we shape and transform our worlds, has given us the teacher who is to teach us how to use them. Even as we provide teachers in our schools to teach our children how to live, God has provided a teacher to teach His children how to live.

The teacher is the Spirit, "*even the Spirit of truth*" who "*shall teach you all things.*"

The teaching Spirit of God is within us, but can come into our lives, into our thoughts and feelings only through invitation. No teacher can teach anything to a closed and unwilling mind and heart. It is only when we are willing to be taught of God that His teaching Spirit can reveal the truths of our being. It is only when we become as little children—teachable, eager, and willing to learn—that we grow and unfold in wisdom and understanding. It is only when we have agreed to set aside our own concepts, not only of evil but even of good, and to listen to the voice of our

own teaching Spirit that we can learn the reality of God and of our own divine nature.

The greatest affirmation of faith we can ever make is simply: "Father, teach me," for it means that we are ready to give up everything we have learned in order to accept the teaching of God. Faith is always a reaching into God, into the unrevealed, beyond anything we know or have. There can be no begging when we say, "Father, teach me." These words must be at once our joyous recognition of God as our teacher, and the eager desire to learn His will, His plan, His purpose for our lives.

The prayer, "Father, teach me," brings with it a release from tension and a new sense of peace, strength, and confidence; for through it we open our lives to infinite wisdom, power, and love, and to the almighty Spirit of God within us.

Would you know your true identity? Go to a quiet place alone, relax, and still your thoughts and desires. Whisper joyously, expectantly into the secret place within your own heart, "Father, teach me my true identity now. Who am I? Teaching Spirit within me, reveal to me who I am. I am eager and willing to learn. My mind and heart are open. Teach me now. Thank You, Father."

Be very still. Out of the infinity within you will come the answer, not in words but in the language

of God, in feelings, in realizations, in knowledge that is too deep, too great, too beautiful for words. You will know; you will understand.

No request is too small; none is too great.

Do you feel the need of learning how to pray? Say simply: "Father, teach me how to pray. I would know Your living Spirit within me. I would commune with You. I would be conscious of You every moment of the day. Teach me how to pray, how to open my mind and heart to You, how to realize my oneness with You."

Your desire to learn how to pray is fulfilled now. You have opened your mind and heart to the teaching Spirit of God and you are being guided in the ways of prayer.

Would you like to be able to relax? Turn to that place of secret communion within your own heart and make known your desire: "Spirit of peace within me, teach me how to relax. Show me how to let go of the thoughts that have brought tension to my body and nerves. Teach me how to relax in Your peace. I am ready to accept Your peace now. Thank you, Father."

You can learn to relax. Your teaching Spirit is at work.

Would you be healed? The teaching Spirit of God will show you how. In the quiet of your communion with Him, lift your prayer: "Spirit of

healing, teach me how to let You heal my body. Yours is the wisdom that fashioned me. Teach me how to let You restore wholeness to every cell. Teach me how to enter the healing current. I accept my healing now. Thank You, Father."

Is your need prosperity? You can learn the ways of prosperity if you are willing to be taught. Pray, rejoicing, "Spirit of abundance within me, teach me how to be truly prosperous. Teach me the meaning of true prosperity. Show me how to be rich in thought, word, and deed. I would be unselfish and generous. I would 'lay up treasures in heaven,' and learn to use wisely the 'treasures upon the earth.' I am eager and willing to learn. Teach me now. Thank You, Father."

Your prosperity in every way is assured. The teaching Spirit is at work in your mind, heart, and affairs.

Would you learn how to live, how to love, how to be kind, how to give, how to think, how to know and do the will of God, how to forgive, how to understand others? You have within you the perfect teacher, the Spirit of truth.

God has invested in us His faith, His life, His love, His very Spirit. His teaching Spirit is within us now; it is awaiting an invitation to lead us into a new life—a life that is rich, interesting, purposeful, and rewarding beyond our greatest dreams.



## *Some Facts about H. Emilie Cady and Lessons in Truth*

**D**R. H. EMILIE CADY was a practicing physician as well as a metaphysician. Early in her career she saw that her patients' ills were too deep for outer remedies to cure. She began treating her patients as spiritual beings, helping them find within themselves the source of health for mind and body.

The first of several articles in *Unity* by Doctor Cady appeared in January, 1892. Her articles met with the instant approval of *Unity* readers, many of whom requested more of her writings, asking especially to have her write a simple course of lessons on the principles of divine healing.

Doctor Cady was at first doubtful about undertaking the task. Finally she consented. From the appearance of the first lesson "Statement of Being" (in *Unity* in October, 1894), these lessons met with an extraordinary response. Continued demand for extra copies of the magazines in which the lessons were printed led Mr. Fillmore to have them reprinted in three booklets, four lessons in each booklet.

*Lessons in Truth* is now printed and bound in one volume, in lots of sixty thousand or more at one time. In addition to the vast circulation of this

book in English, translations of it in seven foreign languages and in Braille have been widely distributed. It has undoubtedly influenced the lives of millions.

Since each rereading of the book seems to induce greater spiritual understanding, hence increased good, a week is set aside each year for the study of this book by all Truth students. Lessons in Truth Week is September 10 to 16.

#### AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or by telephone, BALtimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.



*The following is from a letter written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.*

*From California:*

I feel so close to you, as though you lived just next door. Tonight after putting down an article which I've reread several times—Ernest Wilson's "More Than Thought"—I asked myself, what am I waiting for? They're my family, after all. I'll sit down and write to them, and high time! Get set—and I hope you are in a comfortable chair—

because I just feel like talking and I'm apt to go on and on. First of all, I want to tell you how I stumbled on Unity. Why I lived so many years in ignorance of such a beautiful truth I will never know. I suppose I just jogged along, taking my background for granted and not exercising any thinking of my own. I was brought up an Episcopalian—sang in the choir, taught in Sunday school, and reared my children as I had been reared. My father and grandfather were doctors; also, three cousins, a niece, and two nephews were graduates of Harvard Medical School, and my family established two hospitals in a nearby town. So you can see why I was imbued with medicine and really scoffed at mental healing.

Then there came a day, about five years ago, when I was stirred with an odd feeling of unrest. I wasn't ill, I wasn't unhappy, but I kept feeling I wanted something, something I could not put my finger on. It bothered me so much that for almost a week I think I went about my routine tasks not paying much attention to what I was doing. The telephone rang one evening, and a friend asked me to go to the theater. It was a welcome invitation, and I thought, "This will snap me out of it." We were joined by a friend of hers who was waiting in the lobby for us. This friend was reading a small booklet. She didn't put it away im-

mediately, and I noticed its title, DAILY WORD. I asked her about it, but she said that she had only been given the copy that day by someone who thought it would help, and that she couldn't give me much information. With that she dropped it into her handbag.

The next morning, some urge sent me down to the village book and magazine shop. I had to find out what the DAILY WORD was. The girl who waited on me told me it was not on the magazine stands, but must be subscribed to. Then she said, "I'm so glad you asked me for it, because I am a student of Unity and I take it. I always have some of my old copies with me. Would you like them?" She disappeared in the back of the shop and returned with three copies that she said I might keep.

Well, that was the beginning. And I was certainly guided when that searching within me began. The five years since then have been filled with so many revelations that I could not begin to enumerate them. A complete healing of an old and chronic condition—following surgery of twenty years ago—came about in a week's time. I am never ill and I am stronger; I do more physical and mental work than I did as a young woman. My financial affairs have straightened out beautifully.

When I wanted to buy a smaller house recently and dispose of a large one which I no longer needed, exactly the right one presented itself—just what I had dreamed of—a charming garden behind a stone, ivy-covered wall, Old World architecture, a big kitchen with shutters at the bay window where the sun can shine in. And do you know where this house is? Right around the corner from the one I built and lived in for twenty years! I must have passed it hundreds of times, but because it nestled in the trees behind the wall, I had never noticed it. Believe me, my eyes are wide open today. I look over walls and behind trees. I find friends in strangers, warmth in people I thought cold, and so much kindness and love around me each day that I wonder what I have ever done to deserve it all.

Now, before I put the cork in the ink bottle and wind this up, I want to tell you that after fifty years, more or less, of floundering about, I know that I have landed on my feet right side up, and all because of you good people, your teachings, your far-reaching friendliness, the confidence you inspire, the hope you bring, and the faith you instill.

Good night! I shall close my eyes and see your light burning. I love all of you. God bless you always!

# Saturday

FATHER-GOD, I WOULD LEARN HOW TO LIVE.

**F**ATHER, I would learn how to live as You created me to live—deeply, richly, joyously, lovingly, triumphantly, eternally. I am eager to learn how to use Your precious gift of life.

You are the Spirit of life within me, and I would live as You would have me live. I would bring to every experience all the qualities of life within me—warmth, interest, enthusiasm, faith, vitality, strength, intelligence, joy, and courage. I would live cheerfully, expectantly, confidently, abundantly.

I would live with a smile on my face, an inspiring word on my lips, and a song in my heart. I would live gloriously, eternally. I would understand and appreciate Your gift of abundant, eternal life.

Father, I open my mind and heart to Your Spirit. Fill me now with Your unlimited life; quicken my mind with Your wisdom and light; enrich my spirit and enlarge my vision. Bless me Father, and make me a blessing to others.

♣ *I came that they may have life, and may have it abundantly.*—JOHN 10:10.

## Sunday

SEPTEMBER 2

TODAY I GIVE GIFTS OF LOVE, PEACE, AND GENTLENESS.

I KNOW that I am meant to stir up the gifts of God which are in me, and to use that which is mine to give. Instead of belittling my contribution to life, instead of feeling that no particular gift is mine to give, I recall that God has placed His own Spirit within me and that all He is and has is mine.

With this rich spiritual endowment there is an abundance for me to offer my fellow man. Because God has given me His spirit of love, I have love unlimited to share in thought, word, and deed with everyone. Because God has given me His spirit of peace, I have peace overflowing to share with all. Gentleness, too, is another gift I may extend to all—a gentleness that understands and encourages, protects and uplifts, forgives and comforts.

My whole life is enriched through the gifts I give this day to my family, friends, and associates. As I give of love, peace, and gentleness, these gifts return to me increased a thousandfold, and I am abundantly blessed.

♣ *Neglect not the gift that is in thee.*—I TIM. 4:14.

## Tuesday

SEPTEMBER 4



SEPTEMBER 3

## Monday

THE HARMONIZING LOVE OF GOD IS QUICKENING IN THE HEARTS OF ALL MEN EVERYWHERE A DESIRE FOR PEACE.

THE harmonizing love of God is now mightily at work in this world, and degree by degree, His Spirit of perfect peace is finding its way into the minds and hearts of all men everywhere.

The loving Spirit of God is present in the minds and hearts of all mankind. His Spirit inspires the rulers of every nation. His Spirit of righteousness and justice is guiding each one to do that which is for the highest good of all mankind. His Spirit is continually supplying right leadership; His Spirit is continually bringing forth leaders of ability, vision, and spiritual greatness where they are needed.

In spite of appearances to the contrary, the Spirit of God is in absolute control of the affairs of the world, and moment by moment His Spirit is quickening in the hearts of all men everywhere a desire for peace, His love is lifting mankind to His consciousness of permanent and lasting peace.

♣ *He maketh wars to cease unto the end of the earth.*  
—PSALMS 46:9.

SEPTEMBER 5

## Wednesday

## Tuesday

SEPTEMBER 4

TODAY I PUT MYSELF INTO MY WORK.

**T**HIS DAY I will give the best that is in me to my work. I will concentrate my faith, my thinking, my strength, and my abilities on what I am doing.

I will set aside any thoughts that would take my attention from the task at hand. I will say to myself: "I am in my right place for this day. The most important thing in my world is this work in which I am engaged. This is the right place, this is the right channel through which I can best serve God and my fellow man. This is my work for today. I will give it my best."

I will enrich my work by doing it in the spirit of love. I will enjoy my work by filling it with the spirit of joy.

I will enliven and brighten my work by bringing to it the spirit of life and enthusiasm.

I will enlarge and transform my work by pouring into it God's rich ideas of success and abundance.

This day I will work faithfully, joyfully, enthusiastically. I will put myself into my work.

♣ *But let each man prove his own work, and then shall he have his glorying.*—GAL. 6:4.

SEPTEMBER 5

## Wednesday

I BLESS ALL GOD'S CHILDREN IN MY PRAYERS.

**T**HERE is no one more receptive and responsive to prayers and blessings than a little child. Today let us think about children everywhere and infold them in our thoughts and prayers of love and faith.

Let us give thanks that every child has God's Spirit in him; that every child has come into this life with a perfect pattern for growth and unfoldment implanted within him. Let us give thanks that God is with the children, that He is the joy of their hearts, the intelligence of their minds, and the life of their bodies. Let us bless children everywhere in the realization that they are a wonderful expression of God. Let us see them filled with confidence, surrounded with peace, and inspired by the understanding spirit of the adults around them.

Let us bless all children in our thoughts and prayers.

Let us give thanks for the ever-new wonder of life that a little child teaches us.

♣ *Suffer the little children, and forbid them not, to come unto me: for to such belongeth the kingdom of heaven.*—MATT. 19:14.

## Thursday

SEPTEMBER 6

I HAVE FAITH IN THE BUILDING POWER OF  
GOD WITHIN ME.

THE SAME Spirit that created this universe out of a formless void is the Spirit that created me, the Spirit that dwells in me.

This Spirit can re-create my entire world from whatever chaos may seem to exist. There is no condition of mind, body, or affairs that the resurrecting Spirit of God within me cannot restore to perfection.

I now give myself and all my affairs over to the building power of God within me. I surrender my mind to Him that He may renew it with His purifying love. I surrender my body to Him that He may remold it into the likeness of the Christ body. I surrender my affairs to Him that He may rearrange them into the heavenly pattern of order, harmony, and peace.

I believe that God is now restoring the "years that the locust hath eaten," and that mentally, emotionally, and physically I am being renewed and made whole. I have faith in the building power of God within me.

♣ *If any man is in Christ, he is a new creature.*—II COR. 5:17.

SEPTEMBER 7

*Friday*

NEW AVENUES OF PROSPERITY ARE CONSTANTLY OPENING TO ME THROUGH THE POWER OF SPIRIT WITHIN.

**D**O YOU need increased supply? Do not limit your supply by thinking that it can come only through the usual avenues. The substance of God is unlimited; it forever flows to you and through you.

Since it is only in your own consciousness that you limit your supply, begin today to think in a new way about prosperity. Open the door of your mind to ideas of substance and success. Open the door of your life to new avenues of prosperity.

Let go of every doubt or fear. Say to yourself, "In God there is unlimited supply for me, and there is plenty to meet my every need." With a clear and peaceful mind, turn your attention to God and give thanks not only for the blessings you already have, but for the good that is on its way to you. God's supply is inexhaustible.

As you go about your day, do so in a spirit of faith and thanksgiving. Know that new avenues of prosperity are opening to you, through the power of Spirit within.

♣ *Wealth and riches are in his house.*—PSALMS 112:3.

# Saturday

SEPTEMBER 8

THROUGH PRAYER I AM DAILY BECOMING A MORE LOVING, TOLERANT, UNDERSTANDING PERSON.

IF I am prone to be critical of persons who hold views different from mine or who choose to live differently than I do, then I would turn to God in prayer and ask Him to quicken in me a loving, tolerant, understanding spirit. I would magnify the good rather than dwell on faults or shortcomings.

In my daily prayer I give thanks to God for the freedom, light, and understanding that He gives to all His children as they journey closer to Him. I give thanks to God that His plan for me and for all His children is one of steady growth and unfoldment.

No matter what appearances may be, I steadfastly hold to the vision of the indwelling Christ in all persons.

I rejoice in the realization that God is unceasingly active in all persons. I rejoice that I can look at the lives of others with tolerance and with loving understanding.

♣ *And I, if I be lifted up . . . will draw all men unto myself.*—JOHN 12:32.

SEPTEMBER 9

*Sunday*

I RELY ON GOD'S WISDOM AND POWER TO  
DIRECT MY INWARD THOUGHTS AND MY  
OUTWARD WAYS.

**W**E NEED not let the uncertainties, disappointments, and concerns of daily living accumulate until they become a burdensome load. In daily prayer we can find freedom from anxiety and we can let go of every troubled thought that keeps us from directing our lives with wisdom.

The moment we turn to God we become aware of His peace-giving, uplifting presence. We are reassured of His love, His care, and His help in every difficult or inharmonious situation that confronts us.

In prayer we gain a new perspective and our thoughts become faith-filled; we become poised and serene.

Carefree, joyous, confident living is ours when we take all that concerns us to God in daily prayer.

Let us place our faith wholly in God. Let us rely on His wisdom and power to direct our inward thoughts and our outward ways.

♣ *In nothing be anxious; but in everything . . . let your requests be made known unto God.*—PHIL. 4:6.

# Monday

SEPTEMBER 10

GOD BLESS ALL PARENTS, TEACHERS, AND STUDENTS EVERYWHERE.

*As you read this lesson, if you are a parent, a teacher, or a student, think of these words as having been written especially for you.*

**G**OD BLESS all parents and teachers with insight and with an intuitive understanding of children and their needs. God bless all parents and teachers with loving hearts and with a spirit of gentleness and good humor. God bless all parents and teachers with faith in themselves and faith in children. God bless all parents and teachers with the strength and the ability to guide with a tender, but firm, touch. God bless all parents and teachers with the greatness of heart, mind, and spirit that children willingly follow.

God bless all students with light, with wisdom, with enthusiasm, and with aroused interest in their studies. God bless all students with freedom from fear. God bless all students with a sense of divine purpose and direction.

♣ *One is your teacher, and all ye are brethren.*—MATT. 23:8.



SEPTEMBER 11

*Tuesday*

THE PAST IS NOTHING AND THE FUTURE DOES NOT EXIST. I LIVE IN GOD'S ETERNAL NOW.

**W**HEN we understand that there is really only the present moment, the now, life takes on new meaning.

When we learn to live in the present, we have no more regrets for the past than for the discarded husks of the ripened corn we harvest. The future does not exist; and its mysteries cannot be foretold. When tomorrow becomes a reality it is today. All that has gone before has brought us to the present. Our ability to deal with what is ahead is determined by the use we make of today's opportunities.

It is challenging to realize that the cells and tissues of our bodies are being renewed constantly, that we have actually been recreated for today's living. Changing conditions inspire us to think new thoughts and make new decisions.

Doors that have been closed may open today. Today we shall have opportunity to serve, to love, to forgive, to understand, and to "grow in grace and a knowledge of the Truth."

♣ *We should live soberly and righteously and godly in this present world.*—TITUS 2:12.



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# Jubilant Journey

D. J. MANN

Where are you going? What is your destination?

Life is for journeying, not to stand and stay.

Life is a highroad. Life is for elation.

Walk through the wide doors, heart, be on your way!

Life is unfoldment. Life is a foment

Of thought and act and feeling. Life is for growth.

Life is for forever. Life is for the moment.

Life is for living. Heart, be not loath

For the jubilant journey! Give yourself to living.

Life is for discovery. Life is always new,

Not for the having and holding, but for giving.

Give yourself to life, and life will give itself to you!

# Wednesday

SEPTEMBER 12

GOD IS HEALING ME NOW.

**W**E WANT you to know that momentarily, hourly, day and night, prayers are being offered in Silent Unity for healing, for strength, for freedom from fear, for wisdom and guidance for all those in need. Our blessings go forth to all who are open and receptive to them; our love and faith go out to encircle the earth. And as we in Silent Unity pray, our prayers are strengthened and reinforced by thousands of people all over the world, for there are DAILY WORD readers everywhere.

If you are praying for healing you may be sure that you are not alone in your prayers, that right at this moment, Silent Unity is with you, your DAILY WORD friends are with you, and most important of all, God is with you. Even as you pray, the life of God in your body responds, the love of God in your heart responds, the wisdom of God in your mind responds. Whatever is needed to make your healing whole and complete is with you now. We give thanks that your prayers are answered in this hour!

♣ *The prayer of faith shall save him that is sick.*  
—JAMES 5:15.

# Thursday

## MY TRUST IN THE FATHER, WHO NEVER FAILS ME.

FATHER, I come to You in prayer. I lay aside thoughts of things, persons, and problems. I remember the words, "Be still, and know that I am God." I will be still, mind, body, and spirit. I know that I can trust You, Father, and I place everything in Your care.

I lay aside all fear, and trust You as a little child trusts its earthly father. I lay aside doubts and indecision and listen for Your guidance. I gladly let go of tension or unhappy emotions and relax in Your peace; I rest in Your stillness deep within me.

I stay poised and centered in this trusting stillness until all is calm within me. I continue to rest serenely in Your presence. I place every situation and every person in Your loving care. I trust You to answer my prayers and my needs; I trust you to bless me and guide me.

I trust You with all my heart, Father, and I thank you for the love that never fails me.

*Trust in Jehovah with all thy heart,  
And lean not upon thine own understanding.*

—PROV. 3:5.

## Friday

SEPTEMBER 14

I WALK IN THE LIGHT OF GOD'S LOVE, AND  
MY WAY IS MADE SURE.

**K**NOWING that God is light, I need never again walk in darkness. His very presence illumines my path and the shadows of doubt and fear are gone forever.

It is as simple as this: To walk in His light I need only put my deepest faith in Him, look to Him at all times, and make Him my constant companion. So simple—yet sometimes the very simplicity of this way makes me look for a more complex way. Then the shadows may return—only to be dispelled as I see my error and turn again to God.

By daily, often hourly, prayer I keep tuned in, as it were, to God's love. I make His companionship a habit of my every waking hour. If I do this, then He is just as surely with me in the hours when I sleep. Is this not great comfort? Is it not all the surety of protection anyone could need?

I walk ever in His light, and my days are harmonious and serene; they are filled with great blessings and great joy.

♣ *God is light, and in him is no darkness at all.*—I  
JOHN 1:5.

# Saturday

I DO NOT DWELL ON PAST MISTAKES, BUT THROUGH GOD'S INTELLIGENCE IN ME I LEARN TO PROFIT BY THEM.

I DO NOT dwell on past mistakes, nor do I dwell on why I made them. Instead, I realize that through God's intelligence in me I can profit from them. My past experiences can help me to have a broader vision, a deeper insight, and a greater understanding.

I give thanks that I am gaining confidence and poise, and that I am letting go of confusion, indecision, and tension. I give thanks that I am growing more tolerant and understanding of others, as well as of myself.

Rather than become disturbed when another seems to be making mistakes, I bless him in the faith and the sure knowledge that the intelligence of God is in him to make the way light before him and to make the crooked places straight.

I do not dwell on my past mistakes, I do not dwell on the mistakes of others. Through God's intelligence within me I learn, grow, unfold, and go forward into my good.

✦ *But one thing I do, forgetting the things which are behind.*—PHIL. 3:13.

# Sunday

SEPTEMBER 16

FATHER GOD, I WOULD LEARN TO GIVE.

FATHER, I would learn how to give generously, freely, easily, joyously. I realize that only by giving to others can I fully accept Your great gifts of life and love. I realize that only by giving to others of my talents, my abilities, my substance, my time, my love, my energies, and my understanding can I become the loving, strong, healthy, prosperous, radiant, and happy person You want me to be. I know that giving is the key to rich, worth-while living. So, Father, I would learn how to give.

I would give in prayer, in thought, in word, and in deed. You are the Spirit of giving within me. I open my mind and heart in order that You may give through me. I let Your Spirit teach me how to give wisely; how to give gifts that will inspire and help others; how to give without thought of return or reward.

I want to give because giving brings Your love and Your good into the world and into the lives of those to whom I give. I want to be a channel through which Your riches can flow to all the world.

♣ *Freely ye received, freely give.*—MATT. 10:8.



# Monday

I BLESS ALL PERSONS: I BEHOLD THE CHRIST  
IN ALL PERSONS.

**N**O MATTER what I may hear about others that is of a negative nature, I never lose sight of the Christ presence within them. I remind myself that there is only one real truth about all persons, namely, that Christ is within them, the one animating Spirit of their being. Nothing can alter this.

No matter what I may hear about another person, and no matter what I may see with my eyes, none of this alters the Truth that Christ abides within this person as a beautiful and holy presence.

I bear witness to this Truth, and to nothing else. All manner of gossip or unkind criticism is based solely on appearances, and Jesus said, "Judge not according to appearance, but judge righteous judgment." Therefore, I now judge righteous judgment and behold only the Christ in all.

I bless all persons by beholding the Christ in them, by seeing them as spiritual beings, as children of God.

♣ *Thou shalt not bear false witness against thy neighbor.*  
EXOD. 20:16.

## Tuesday

SEPTEMBER 18

"I GIVE MYSELF UNTO PRAYER," AND THERE IS BUILT UP IN ME A STRONG CONSCIOUSNESS OF ONENESS WITH GOD.

DAILY "I *give myself unto prayer.*" When I pray, I gently, but firmly, say to my thoughts, "Peace, be still." I let God make His presence known. From deep within my being comes the certain knowledge that God is in me, with me, and round about me, that I am one with His life, light, love, and power.

"I *give myself unto prayer,*" and I realize that God is the life of my body, renewing and revitalizing me; that He is the strength of my emotions, harmonizing and stabilizing them; that He is the light of my mind, illumining and guiding me. I realize that God is the unfailing power that adjusts and blesses every detail of my life.

As I continue to give some part of each day to prayer, there is quickened in me the conviction that nothing is beyond God's power to heal, to bless, and to make right.

I rejoice that daily prayer is building up in me a strong consciousness of oneness with God.

♣ *Rejoice always; pray without ceasing.*—I THESS. 5:16, 17.

## JESUS CHRIST HEALS.

THE HEALING Spirit of Jesus Christ is the only activity at work in the universe, and I now speak the word of healing, in His name, to all the world.

"Jesus Christ heals." I speak these healing words to myself; I affirm them for others, I speak them to the world. "Jesus Christ heals."

I do not let my vision rest on symptoms of disease. I look beyond appearances to the radiant Christ, the Spirit of wholeness that lives within; I keep my vision stayed on His healing presence. When my eye is caught by billboards or posters that list the danger signals and symptoms of various diseases, I do not become alarmed but silently remind myself of the Truth, "Jesus Christ heals."

When I hear reports of those who have been stricken with different kinds of illnesses, my immediate reaction is, "Jesus Christ heals." I know that there is nothing impossible with God, that there is nothing incurable in His sight. I am centered and poised in the healing Spirit of Jesus Christ, now and forever.

♣ *Jesus Christ healeth thee.*—ACTS 9:34.

# Thursday

SEPTEMBER 20

TODAY I GIVE THANKS FOR THE SPIRIT OF TRUTH, THE COMFORTER WHO ABIDES WITHIN ME FOREVER.

MOST of us have occasional periods of doubt and depression when we lose our perspective and poise, and when the way before us seems confused. What a blessing we receive at such times when we go deep into our own consciousness and there meet the Comforter, even the Spirit of truth.

Perhaps, without our problems and disappointments, we might never fully know and appreciate this Comforter, who reveals to us in our hours of need the absolute and living truth of God's good will for His children.

When our affairs move forward smoothly and easily, we may almost forget the presence of the Holy Spirit within us. It is when we are fearful, or saddened by loss or disappointment, that the Spirit of truth opens doors by which we enter into the warmth and light of new understanding and go forward into a fuller, more abundant life.

♣ *And I will pray the Father, and he shall give you another Comforter, that he may be with you for ever, even the Spirit of truth.*—JOHN 14:16, 17.

BECAUSE I HAVE FAITH IN GOD, I HAVE FAITH  
IN MYSELF.

**B**ECAUSE I have faith in God, I have faith in myself and in my divine ability to transcend my limitations. Through prayer, through working with God, I go forward in life.

The tools of accomplishment are within me, for God has given me His all-wise, all-knowing, all-conquering Spirit. But God does not work alone; He needs my co-operation. I must take the outer steps to bring into manifestation my divine heritage.

If I need more patience, more perseverance, more education, or if I need to become a more loving person, God will help me by revealing to me the things I need to do in order to succeed. As I work diligently and faithfully with God, and as I keep my mind open to His inspiration and guidance, my faith in Him increases and my faith in myself grows steadily.

*Delight thyself also in Jehovah;  
And he will give thee the desires of thy heart.  
Commit thy way unto Jehovah;  
Trust also in Him, and he will bring it to pass.*  
—PSALMS 37:4, 5.

# Saturday

SEPTEMBER 22

GOD'S WILL FOR ME IS FREEDOM, AND I ACCEPT MY FREEDOM WITH JOY AND GRATITUDE.

GOD'S WILL for me is freedom. All the conditions that tend to bind and limit me can be changed through the love of God. He gives me the freedom I need. By His power and through His love, a free, joyous, happy life is open to me.

Instead of submitting to negation, I will remind myself again and again that God's will for me is freedom from confusion, trouble, and heartache.

I have faith that God wills freedom for me, and this faith opens the way for Him to manifest more freedom in my life than I have ever known. I do not hesitate to claim my freedom. I remember that the power of God works in and through me.

I affirm, "God's will for me is freedom, and I accept my freedom with joy and gratitude." I hold fast to the belief that God's will for me is freedom.

♣ *He that looketh into the perfect law, the law of liberty, and so continueth, being not a hearer that forgetteth but a doer that worketh, this man shall be blessed in his doing.—JAMES 1:25.*

I DECREE THAT THIS DAY IS GOOD AND THAT  
ALL WITHIN IT IS GOOD.

WE are told, "Thou shalt also decree a thing, and it shall be established unto thee." I stoutly, faithfully, and joyfully affirm that this day is good, and that all within it is good. This is my decree, and I have faith that it shall be established unto me.

If something negative or disagreeable presents itself and seems to threaten to break my resolve, I become still for a moment and decree that here, too, is good. I know that when I decree good about anything or anyone, good responds to this decree and comes forth.

I need not question how the good that I decree will come, nor need I question the manner in which it will come. I hold to my decree in faith and know that since God is good and God is all-present, good is also all-present, always and everywhere. As I decree that this day is good, and that all within it is good, this day cannot help but be a blessed one—a good day for me, for my loved ones, and for everyone everywhere.

✦ *Thou shalt also decree a thing, and it shall be established unto thee.*—JOB 22:28.

# Monday

SEPTEMBER 24

TODAY I PRAISE ALL PERSONS, ALL THINGS,  
AND ALL CONDITIONS IN MY LIFE.

**C**HARLES FILLMORE says, "Turn the power of praise upon whatever you wish to increase. Give thanks that it is now fulfilling your ideal. The faithful law, faithfully observed, will reward you. You can praise yourself from weakness to strength, from ignorance to intelligence, from poverty to affluence, from sickness to health. The little lad with a few loaves and fishes furnished the seed that, through the prayer and thanksgiving of Jesus, increased sufficiently to feed five thousand people."

I sing praises of the good whether I can see it right now or not. I praise the health of every cell of my body and the strength of every muscle. I praise the abundance with which all my daily needs are met. I praise the love, the kindness, and the unselfishness of all the people I meet. I let praises sing in my heart no matter what I am doing.

I form the habit of praise, and thereby develop a thankful, positive consciousness, closely linked to the one spiritual force of the universe.

♣ *I will sing praise to thy name.*—PSALMS 9:2.

# Wednesday

SEPTEMBER 26



## Tuesday

I KEEP MY THOUGHTS FAITH-FILLED AND  
CONSTRUCTIVE.

**J**UST AS I refrain from expending my physical energy to the point of fatigue, I also refrain from expending my emotional and mental energy by dwelling at length on annoyances, anxieties, or anything that keeps me from faith-filled, constructive thought and action.

If I find that I am going over and over a problem instead of effectively and decisively resolving it, rather than intensify my efforts to think the situation through, I will quiet my thoughts and relax.

Wonderful as the thought-taking process of my mind is, God is greater than my thoughts. He is a steadying, peace-giving presence. As I turn to God in prayer I am assured that there is an answer to my every need. Into my receptive mind flow the peace and light that enable me to appraise any problem with calmness and objectivity. I have new insight and understanding. I think constructively and I am guided to wise, decisive action.

*And thy life shall be clearer than the noonday;  
Though there be darkness, it shall be as the morning.*  
—JOB 11:17

## Wednesday

SEPTEMBER 26

THROUGH CHRIST IN ME I HAVE PERFECT HEALTH AND AN INEXHAUSTIBLE SUPPLY OF VITALITY AND STRENGTH.

**I**F YOU desire a greater realization of God's healing presence in your life, perhaps you need to give more thought to the life of God within you.

Picture your body as God's temple, wonderfully and perfectly fashioned. Realize that His life, His power, and His energy are expressed through this temple as perfection and wholeness, as inexhaustible vitality and strength.

Recognize God's perfect presence within you and cast out of your mind any belief in negation or ill health. Realize that there is no condition beyond God's power to heal. Surrender yourself to the recuperative power of God and rejoice in the healing work that is being carried on in every part of your body.

Relax and joyously declare, "Christ is my health. Through His Spirit in me I have perfect health and an inexhaustible supply of vitality and strength. His power flows through me, and I am made whole."

♣ *Thy healing shall spring forth speedily.*—ISA. 58:8.

## Friday

SEPTEMBER 28

SEPTEMBER 27

*Thursday*

I AM IN STRIDE WITH THE UPWARD, PROGRESSIVE MOVEMENT OF LIFE.

**T**HE LIFE of God is always active, moving, and progressive. I am God's expression of life. I am an open, receptive channel for His ever-unfolding, ever-progressing life.

I keep in tune with the rhythm of life. Today I live fully and richly; I am filled with new appreciation for every moment.

I am in stride with the upward, progressive movement of life. I do not cling to old thoughts or conditions. I am willing to change and to accept the new. I go forward with the flow of life. I am in tune mentally, spiritually, and physically with God's life.

I keep my heart receptive to new feelings of happiness, love, tenderness, enthusiasm, and joy. I keep my mind open to new ideas, new courage, and new inspiration.

I keep in stride with God's irresistible, renewing life. His Spirit in me quickens me and imbues me with the spirit of youth and vitality.

♣ *And Jehovah will guide thee continually . . . and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.—ISA. 58:11.*

SEPTEMBER 29

*Saturday*

## Friday

SEPTEMBER 28

GOD'S LOVING SPIRIT WORKS MIGHTILY IN ME TO MAKE ME FRIENDLY, HARMONIOUS, AND KIND.

**I**F I experience difficulty in getting along with other persons, I need to remember that God has blessed me with His loving, harmonious Spirit. Through His Spirit in me I can be the kind of person I really want to be—warmhearted, friendly, harmonious, and kind.

Regardless of how inadequate I may feel or how discouraged I may become, I can learn the art of harmonious human relations. The effort required to be kind, gentle, gracious, and friendly is not beyond my power of accomplishment, for I have the love of God within me.

I accept every opportunity to express the love of God in my life. As I dwell in the security of His presence, the spontaneous reaction of my heart in all situations, and under all circumstances, becomes one of love and friendliness. God's Spirit, working mightily in me, transforms me into the kind of person I really want to be.

*Let not kindness and truth forsake thee . . .  
Write them upon the tablet of thy heart.*  
—PROV. 3:3.

## Sunday

SEPTEMBER 30

SEPTEMBER 29

*Saturday*

THROUGH CHRIST IN ME I CAN ACCOMPLISH EVERYTHING BEFORE ME. THROUGH CHRIST IN ME I AM MASTER OF MY LIFE AND AFFAIRS.

**I** AM THE master of my own life, and this mastery comes from the Christ within me. When Christ is given dominion, only health, happiness, and all that is good can come into my experience.

I affirm the presence of Christ in me and I assert my spiritual mastery and dominion through Him. I rejoice that there is no problem too difficult for me to meet and solve, for "I can do all things through Christ which strengtheneth me."

Through prayer and faith my awareness of the conquering Christ presence in the midst of me becomes greater. I am strengthened in faith; I am strengthened in power. My ability to accomplish increases mightily.

Through Christ within me I am the master of my mind, my body, my thoughts, my emotions, and my feelings. Through Christ in me I have authority "in heaven and on earth."

♣ *And Jesus came to them and spake unto them, saying, All authority hath been given unto me in heaven and on earth.—MATT. 28:18.*

## I WALK WITH GOD.

I WALK with God. I know that He is always with me, and that I am secure in His love and care. I walk confidently and serenely, knowing that new blessings and new experiences await me.

I cannot be where God is not; I cannot go where God is not. Whatever experiences I have to meet and whatever changes I have to make in my life, I walk with God and know that He loves me, cares for me, and guides me. I know that only good awaits me.

The realization that God is a loving presence, and an abiding presence, enables me to place trustingly in His care all those near and dear to me. Whatever experiences my dear ones have to meet and whatever changes they need to make in their lives, I know for them that wherever they go they walk with God. God loves them, cares for them, and guides them into their highest good.

*If I take the wings of the morning,  
And dwell in the uttermost parts of the sea;  
Even there shall thy hand lead me,  
And thy right hand shall hold me.*

—PSALMS 139:9, 10.

## *Men of Unity Retreat to Be Held*

Unity has just announced that a men's retreat will be held at Unity headquarters September 29 to October 2. All men interested in Unity are cordially invited to attend, and representatives from the various men's groups are especially urged to do so.

Similar men's meetings have been held at Unity in times past, and this practice is being revived with this Men of Unity Retreat. This retreat will be a time of spiritual renewal and fellowship with other like-minded men. Entertainment for the retreat will include a golf tournament to be held on Saturday, September 29. A new idea for a service project for men's clubs will be presented during this retreat.

Any man interested in attending the Men of Unity Retreat should make arrangements to do so by writing as soon as possible to the Director, Men of Unity Retreat, at:

UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI

## THE UNITY TREASURE CHEST OF ALL-TIME FAVORITES



Now, for the first time, you can enjoy a book containing 83 selections taken from the best of Unity writings—"The Unity Treasure Chest." Its publication is unusual in the history of Unity, for this collection of all-time Unity favorites has been published by the international publisher—Hawthorn Books, Inc.

This remarkable book contains sections in it on almost every kind of challenge people meet in everyday living. It is not by coincidence that it has become immensely popular since it was announced early this year.

"The Unity Treasure Chest" contains 363 pages of real help and inspiration, with an introduction by Lowell Fillmore. On the inside covers is a special index arranged according to subject to direct you quickly to just the inspiration you need. This book is a spiritual treasure chest of hope, encouragement and power for every reader.

Beautifully bound in blue, "The Unity Treasure Chest" is available at your local bookstore, Unity center, or from Unity headquarters. It is priced at \$4.95 a copy.

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**BANK + FAITH = BLESSINGS**



## THE HAPPIEST CHILDREN

This month children everywhere are enjoying the fine stories in the September *Wee Wisdom*. The happy group of *Wee Wisdom* readers is being gently guided to the Christian way of life, for this lively, colorful magazine teaches children how to use Truth principles in their daily lives.

A story for September titled "The Loveliest Family," and written by Joanne Riordan, tells about a child who discovered that she was adopted when her classmates decided to bring their baby pictures to school. She was upset at first, but came to realize that an adopted child is "special."

Another story—"The English Racer," by Doris Litterly—tells how Kenny Miller learns that sharing with friends is even more fun than his new bicycle—a slim, shining English racer.

Children also will enjoy Georgia Tucker Smith's read-aloud story, written in rhymed prose, titled "Little Hector Helicopter."

Besides the stories in *Wee Wisdom*, there are also pictures, puzzles, games, clubs, prayers, and special things to do and things to make sections. It costs only \$2 to give a child the fun and friendship of *Wee Wisdom*.



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## BANK + FAITH = BLESSINGS

"A year ago I sent for a Prosperity Bank," writes a friend. "Due to my carelessness and lack of faith, it was put aside. This fall I came across it and immediately desired to use it. Each morning I read DAILY WORD, then I practiced my Bank drill and followed it with silent prayer. The many blessings I received when I finally just let God through are amazing."

Why not send for a Prosperity Bank today on the coupon below? You may use the money you save in it to pay for gift subscriptions for DAILY WORD.

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Here is my order for three DAILY WORD gift subscriptions and a Bank in which to save the \$3 cost of these subscriptions.

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# LESSONS IN TRUTH WEEK 1956

Would you like to substitute greater prosperity, better health, and increased happiness for your present problems? You can find a new way of life in Unity's basic textbook, *Lessons in Truth*, by H. Emilie Cady.

Because of the marvelous help it gives and as an aid to Unity students, Unity sets aside a special week for the world-wide study of this book. This year Lessons in Truth Week is from September 10 to 16, and during that time Unity friends all over the world will read or review *Lessons in Truth*.

*Lessons in Truth* is written in the form of twelve lessons with question helps. Because of its genuine appeal it is Unity's most widely read book.

A special booklet entitled *The Lessons in Truth Study Guide* has been prepared to aid you in your study. *Lessons in Truth* is \$1 a copy, and the *Guide* is free. Why not order your book and *Guide* now, and find the way to a better life during Lessons in Truth Week this year. (If you already have the book, Unity will gladly send the *Guide* free on request.)



UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI

## *His!*

JAMES DILLET FREEMAN

All men are branches of  
The vine that is God's love;  
The frailest outthrust shoot  
Is nurtured by this root.  
What unimportant part  
But is Christ at the heart?  
No leaf can be so small  
It is not part of all.

What can you do or be  
That is not likewise me?  
What can I be or do  
That is not shared by you?  
We grow upon one vine.  
What then shall I call mine?  
Of everything that is,  
What shall I say but "His!"



